

Laurel Oak Ranch Pool Schedule

Pool Hours

The pool will be opened from 10 a.m.- 8 p.m. Monday thru Saturday & Sunday 12 p.m.-8 p.m.

Lap Swim

We now have designated times for lap swimming (other parts of the pool will be open during these times also), each day from 10 a.m. to noon, and 5 p.m. to 7 p.m. Lap lanes will be marked off and available during these times upon request.

Swim Team

The Swim Team will be using the pool during designated times. These times will be posted. The Swim Team will be limited in the number of lanes that can be used based on attendance of regular pool members.

Laurel Oak Ranch Pool ID/Passes/Rental

A valid Id must be shown before entering to swim for the first couple of weeks until we get to know you and your family. To keep costs low, we will need to enforce this system.

Members are receiving a free pass booklet of 5 passes for outside guests. These are one time use passes, but can be used for anyone, including LOR residents. A pass must be turned in at the time of admittance or the regular guest fee is \$5 per visit to the pool. Residents of LOR cannot be guests of pool members, except with one of the 5 free passes. Out of state guests can still swim for free as long as they are with a LOR pool member and have a valid ID.

We have tried to come up with some new ideas this summer, so please show your support and come join us. We look forward to a fun and safe swimming season.

For updates on these events and more, watch the pool events sign, near the pool grounds.

LOR Recreational Association, Inc.
Pool Rules and Regulations

INTRODUCTION

The pool rules have been designated by the board of directors to maximize safety and enjoyment at our facility. Please review them carefully.

AUTHORITY OF POOL MANAGERS

The managers have the authority to enforce all rules and regulations and are empowered to impose on-the-spot penalties that may be necessary. Serious and/or repeat violations will be reported in writing to the Board of Directors for additional action as deemed necessary.

A. GENERAL POOL RULES

1. All users of the pool must conduct themselves in a courteous manner at all times which will ensure the safety of other swimmers. Absolutely no abusive language, boisterous conduct, or breach of peace will be tolerated.
2. LOR Recreational Association, Inc. is not responsible for articles left on the premises. Lost and found articles will be donated or discarded on a weekly basis.
3. Each member has the responsibility to see that there is no littering or vandalism on pool property. Please teach children to use trash receptacles which are placed at regular intervals around the pool deck.
4. All members, including guests, shall use the pool at their own risk. LOR Recreational Association, Inc. and/or its officers assume no responsibility for injury or damage resulting from such use.
5. Only pool employees and Directors are allowed in the pool office, storage room, or filter room.
6. All swimmers, including guests, will wear swimsuits. No cut-off jeans or slacks will be allowed in the pool.

B. SAFETY IN AND AROUND THE POOL COMPLEX

1. The following rules will be enforced inside the fenced pool area, including the pool building:
 - a. No rough or boisterous conduct.
 - b. No playing ball.
 - c. No running on or about the pool area.
 - d. No wrestling.
 - e. No pushing or dunking of other swimmers.
 - f. No imitating a drowning person.
 - g. No bicycling, skating or skateboarding.

- h. No chewing gum.
 - i. No spitting.
- 2. There will be a 10 minute rest period called at 10 minutes before every hour for all swimmers under 16 years of age. The 10 minute period will begin when all swimmers under 16 have left the water. It is the responsibility of the individuals in question to submit proof of age to the managers.
- 3. Absolutely no glass containers or breakable objects of any kind are allowed in the pool area.
- 4. Appropriate and safe pool accessories such as balls, masks, fins, kickboards, etc. will be allowed in the pool. The pool staff may, at its discretion, restrict the use of the pool accessories based on misuse, disturbance, or the safety of other swimmers.
- 5. MINIMUM age to be admitted to the pool without an adult is 12 years of age. Any person 16 years or older is considered an adult.
- 6. A proficiency swim test may be required of any child from 12 through 15 years of age if the pool staff feels it is necessary in order to assure the safety of that child swimming in water over his/her head. The proficiency test will include the following:
 - a. Swim one length of the pool easily without stopping.
 - b. Tread water for 1 minute.
 - c. Swim under water 10 feet.
 - d. Float for 1 minute.
- 7. The use of the pool and pool enclosure while intoxicated or impaired by drug use is strictly prohibited. Members and guests, appearing to be impaired by use of alcohol or other drugs will be asked to leave the pool for their own safety as well as the safety of others. The Pool Managers are authorized to implement such action at their sole discretion. Repeated offenses may result in revocation of pool membership, without refund. Persons who are intoxicated will not be allowed on the premises.
- 8. No chairs will be allowed within 5 feet of the pool rim, except by a manager on duty.
- 9. The pool manager on duty shall determine whether the pool will be evacuated or closed for safety reasons.
- 10. No floatation devices will be allowed in the big pool, except young children may wear assist devices when accompanied by a parent or guardian who remains within arms reach of the child.
- 11. A parent or supervising adult must be at the side of the pool when children under 6 are swimming.

C. LAP SWIMMING

1. Lap swimming by adults and teens will be permitted at designated times, in designated lanes marked by lane ropes. All other swimmers are reminded to exercise courtesy and avoid interfering with the lap swimmers.
2. Any swimmer hanging on the lane ropes or dividing ropes or interfering with lap swimming in a designated lap lane will be subject to the discipline policy.

D. DISCIPLINE PROCEDURES

1. At the first offense, the offender shall be informed of the violation, and given the rule to be followed, and informed that if there is a second offense that there will be a time-out for them.
2. If a second offense by the same child should occur, the offender shall be required to sit out for a period of 10-15 minutes. A Discipline Report will be filed, and kept on record.
3. Should a third offense occur the child shall be suspended from the pool for the remainder of the day, and considered for suspension from the pool for a period of up to seven days. Upon this offense, the parent will be called and notified.
4. If four of these offenses occur by the same child, the manager shall make a full report of the case to the President of the Board of Directors, who will then bring the matter before a meeting of the Board of Directors for a ruling.
5. If the offender is an adult, similar actions will be taken to inform the offender of the violation. A time out will not be imposed, but an adult offender can have their pool privileges suspended and/or be legally charged if the offense is serious enough.

E. HEALTH REGULATIONS

1. All persons are reminded to take a shower before entering the pool.
2. Bathing caps are not required.
3. No loitering or playing around the bathrooms will be allowed. Please remind your children that we have a limited amount of hot water to share with many swimmers who wish to shower after swimming. Children who are reported for playing in the showers will be subject to the discipline policy.
4. All persons, especially children, are requested to use the toilet facilities before entering the pool. It is the responsibility of the parents to make their children aware of the bathroom facilities.
5. Persons with communicable diseases, skin abrasions, open sores, bandages, etc., are not permitted to use the pool.
6. All injuries, no matter how minor, should be reported to the guard on duty.

7. Food and drinks are not allowed closer than 5 feet from the pool.
8. There is no smoking allowed in the pool area, except in the designated smoking area.
9. All cigarette butts, cigars, candy wrappers, paper cups, and other trash must be placed in proper receptacles.
10. Pets are not allowed inside the fenced pool areas and buildings.

F. WADING POOL

1. The wading pool is for children 6 years of age and under. Children 7 years of age and older will not be permitted in the wading pool. Most children 6 years of age are capable of using the two-foot shallow end of the big pool. We appreciate your cooperation in leaving the wading pool for the smaller children.
2. Each child using the wading pool area should be accompanied by a parent or supervising adult who remains inside the wading pool fence. Adults with children in the wading pool shall have full responsibility for the safety of their children.
3. Managers will not actively supervise the wading pool area except to ensure that it is not being used by children over the age of 6.
4. Diapers designed for swimming are required for use in either the wading pool or the big pool.

G. GUEST REGULATIONS

1. LOR residents without pool memberships may not be brought to the pool as guests of members. Guests must be accompanied by a member, and a fee of \$5.00 per visit for each person, regardless of age, will be charged. Members are required to register guests with pool staff and pay guest fees upon arrival. The \$5.00 admission fee per guest applies or free guest pass.
2. Members may bring out-of-state guests to the pool free of charge (proof of address is required). The pool staff and/or Board of Directors reserve the right to restrict the use of the pool by uncharged, out-of-state guests at its discretion.
3. Non-members 16 years or older engaged in paid childcare of a member's child will be allowed to use the pool when accompanying the child provided that a written notice has been given to the pool staff by the member child's parents, and the guest fee of \$5.00 has been paid.
4. Members involved in childcare who desire to bring non-member children to the pool on a regular basis will be allowed to use the pool. The \$5.00 guest fee per child per visit will be charged.

H. POOL OPERATING HOURS

1. Use of the pool and its facilities is prohibited except during the scheduled hours or by reservations for a private function, and with the presence of a manager. After-hours trespassers will be prosecuted.
2. Swim team practice, swim meets, and swimming lessons will be scheduled as required.
3. Special hours may be observed for social events and holiday activities, but these should be cleared with the pool manager to avoid conflicts in scheduling.

I. RULE CHANGES

1. Pool hours or rules may be changed by the Board of Directors, if deemed necessary. Any suggestions for improving pool operations of safety should be submitted in writing to the Board Secretary at the following address:

LOR Recreational Association, Inc.
Attn: Board Secretary
6200 Old Plank Rd.
High Point, NC 27065

**LOR POOL AFTER-HOURS PARTY
REQUEST**

NAME _____ DATE OF PARTY _____

ADDRESS _____ TIME OF PARTY _____

(Available from 8 p.m. to 12 a.m.)

TELEPHONE _____

Number of guests expected: (1) _____

The following scale will determine the number of manager required:

1-25 people 1 manager
26-60 people 2 managers
61-100 people 3 managers

We offer soda from the fountain at a \$2.00 per person, with free refills. Yes No

We offer a 6' long table complimentary. Yes No

Fees

There will be a \$50 deposit required to hold the pool for the designated party. The check will be held and either returned or destroyed once it has been determined that no additional fees apply (i.e. damage, excessive clean-up or party lasts longer than designated hours).

A \$25 fee is required for the rental of the pool area. This is due at least 1 week prior to the party.

The manager fee is \$20 per manager per hour. For example, 2 managers for 2 hours equals $\$20 \times 2 \times 2 = \80 . The manager fee will be due the evening of the party.

The holder of the party is responsible for the general cleanup of the pool area (i.e. trash, cans and party decorations). If the manager is required to perform these duties, money will be retained from the deposit to compensate the manager.

The party is to end at the designated time, which includes cleanup required by the party holder. Any additional time added to the party hours will be deducted from the \$50 deposit.

The general safety rules outlined in the LOR Pool Rules will be enforced during the after hours party.

The manager has sole discretion as to what constitutes unacceptable behavior. The failure to abide by the rules will give the guard the right to terminate the party.

Deposit: _____ Signature of party holder: _____ Paid in full: _____

Laurel Oak Ranch Pool Rules Acceptance Sheet

I, _____ have read the rules of the Laurel Oak Ranch Pool and agree to follow the rules to the best of my ability. By signing, I also agree that my family (if family members are members of the pool) have read, understood and agree to follow the Laurel Oak Ranch Pool rules.

Signature of Main Pool Member

Date

The use of the pool and pool enclosure while intoxicated or impaired by drug use is strictly prohibited. Members and guests, appearing to be impaired by use of alcohol or other drugs will be asked to leave the pool for their own safety as well as the safety of others. The Pool Managers are authorized to implement such action at their sole discretion. Repeated offenses may result in revocation of pool membership, without refund.

Guests must be accompanied by a member, and a fee of \$5.00, or Guest Pass, per visit for each person, regardless of age, will be charged. Members are required to register guests with pool staff and pay guest fees upon arrival. LOR residents without pool memberships may not be brought to the pool as guests of members unless a guest pass is used. Members are receiving a free pass booklet of 5 passes for outside guests. These are one time use passes, but can be used for anyone, including LOR residents. Out of state guests can still swim for free as long as they are with a LOR pool member and have a valid ID.

No lifeguards will be on duty, so please watch your own family members. A pool manager will staff the pool at all times. If you see a problem, please notify the manager on duty.

Please sign and return to the pool, failure to return signed copy may forfeit pool membership.